

October 2026



Eagan Pointe Senior Living
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Wednesday, October 21st <i>Made to Order Breakfast Main Dining Room 8 AM - 9 AM</i>	Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement		1 Noontime Dinner <i>Lemon Dill Grouper</i> OR <i>Beef Cottage Pie</i> Evening Supper <i>Philly Cheese Steak Sandwich</i> OR <i>Shanghai Noodle Salad</i>	2 Noontime Dinner <i>Crown Roast Pork Prime Rib</i> OR <i>Cracker Crumb Haddock</i> Evening Supper <i>All American Cheeseburger</i> OR <i>Apple Fritter French Toast</i>	3 Noontime Dinner <i>Chicken Pot Stickers</i> OR <i>Fisherman's Platter</i> Evening Supper <i>Farmers Market Salad</i> OR <i>Deli Sliced Rst. Beef Sandwich</i>
4 Noontime Dinner <i>Lemon Pepper Tilapia</i> OR <i>Broccoli & Cheese Chicken</i> Evening Supper <i>Harvest Salad</i> OR <i>New York Reuben</i>	5 Noontime Dinner <i>Beef Brisket</i> OR <i>Monterey Chicken</i> Evening Supper <i>Beef Ravioli</i> OR <i>Egg Salad Sandwich</i>	6 Noontime Dinner <i>Mesquite Pork Tenderloin</i> OR <i>French Onion Chicken</i> Evening Supper <i>Grilled Ham & Cheese Melt</i> OR <i>Chicken Wild Rice Casserole</i>	7 Noontime Dinner <i>Dill Harvati Cod</i> OR <i>Tuscan Chicken</i> Evening Supper <i>Chicken Tender Basket</i> OR <i>Shrimp Lo-Mein</i>	8 Noontime Dinner <i>Herb Crusted Pork Loin</i> OR <i>Smoked Beef Tips</i> Evening Supper <i>Turkey Burger</i> OR <i>Steak Salad</i>	9 Noontime Dinner <i>Citrus Peppercorn Tilapia</i> OR <i>Pork Prime Rib</i> Evening Supper <i>Chicken Wings</i> OR <i>Tuna Noodle Hot Dish</i>	10 Noontime Dinner <i>Country Fried Steak</i> OR <i>Garlic Herb Tilapia</i> Evening Supper <i>Biscuits & Gravy</i> OR <i>Lemon Chicken Pasta Salad</i>
11 Noontime Dinner <i>Almond Crusted Grouper</i> OR <i>Chicken Ala King</i> Evening Supper <i>Steak Nachos</i> OR <i>Deli Ham & Swiss Sandwich</i>	12 Noontime Dinner <i>Swedish Meatballs</i> OR <i>Pesto Crusted Chicken</i> Evening Supper <i>Strawberry Chicken Salad</i> OR <i>Loaded Waffle Fries</i>	13 Noontime Dinner <i>Sesame Chicken Bowl</i> OR <i>Broiled Walleye</i> Evening Supper <i>Pancakes, Eggs and Sausage</i> OR <i>Chicken Caesar Wrap</i>	14 Noontime Dinner <i>BBQ Pork Ribs</i> OR <i>Fried Chicken Dinner</i> Evening Supper <i>Open Faced Tuna Melt</i> OR <i>Turkey, Apple, Bacon Salad</i>	15 Noontime Dinner <i>Chefs Lasagna</i> OR <i>Baja Tilapia</i> Evening Supper <i>Chicken Broccoli Alfredo</i> OR <i>Beef Taco Salad</i>	16 Noontime Dinner <i>Beef Prime Rib</i> OR <i>Pecan Crusted Salmon</i> Evening Supper <i>Cheese Pizza</i> OR <i>Chicken Salad Sandwich</i>	17 Noontime Dinner <i>Chicken Chow Mein</i> OR <i>Salisbury Steak</i> Evening Supper <i>Chef Salad</i> OR <i>Grilled Cheese and Tomato Soup</i>
18 Noontime Dinner <i>Beef Stew</i> OR <i>Fried Shrimp w/ Cocktail Sauce</i> Evening Supper <i>Fish-n-Chips</i> OR <i>Ham Salad Sandwich</i>	19 Noontime Dinner <i>Applewood Smoked Pork loin</i> OR <i>Sweet & Sour Chicken</i> Evening Supper <i>Mushroom & Swiss Burger</i> OR <i>Turkey & Smoked Guda Salad</i>	20 Noontime Dinner <i>Pasta Ala Shrimp Scampi</i> OR <i>Beef London Broil</i> Evening Supper <i>Chicken Salad & Fruit Platter</i> OR <i>Vegetable Egg Frittata</i>	21 Noontime Dinner <i>Chicken Parmesan</i> OR <i>Beef Stroganoff</i> Evening Supper <i>Beef Carnita Bowl</i> OR <i>Turkey Melt</i>	22 Noontime Dinner <i>Chicken Saltimbocca</i> OR <i>Korean Beef Short Ribs</i> Evening Supper <i>Buffalo Chicken Flat Bread</i> OR <i>Northwoods Salad</i>	23 Noontime Dinner <i>Grilled Bistro Steak</i> OR <i>Beer Battered Walleye</i> Evening Supper <i>Cheese Tortellini</i> OR <i>Bananas Foster French Toast</i>	24 Noontime Dinner <i>Mediterranean Salmon</i> OR <i>Chicken Cordon Bleu</i> Evening Supper <i>Sloppy Joes</i> OR <i>Chicken Caesar Salad</i>
25 Noontime Dinner <i>Apple Brie Stuffed Chicken</i> OR <i>Pork & Beef Ragu</i> Evening Supper <i>Cheeseburger Dill Pickle Pizza</i> OR <i>Mandarin Chicken Salad</i>	26 Noontime Dinner <i>Smoked Beef Tri-Tip</i> OR <i>Honey Teriyaki Salmon</i> Evening Supper <i>Chicken Bacon Ranch Burger</i> OR <i>Coconut Shrimp Salad</i>	27 Noontime Dinner <i>BBQ Pork Platter</i> OR <i>Oven Roasted Chicken</i> Evening Supper <i>Tuna Salad Sandwich</i> OR <i>Fried Chicken Bowl</i>	28 Noontime Dinner <i>Midwest Meatloaf</i> OR <i>Chicken Marsala</i> Evening Supper <i>Cilantro lime Chicken Salad</i> OR <i>Steak Wrap with Fries</i>	29 Noontime Dinner <i>Chicken Chimichanga</i> OR <i>Spaghetti & Meatballs</i> Evening Supper <i>Cobb Salad</i> OR <i>Blueberry Pancakes</i>	30 Noontime Dinner <i>Roasted Turkey Dinner</i> OR <i>Dover Sole Fish</i> Evening Supper <i>Shrimp Po-Boy</i> OR <i>Meat lovers Pizza</i>	31 Halloween Noontime Dinner <i>Spinach & Artichoke Chicken</i> OR <i>Beef Pot Roast</i> Evening Supper <i>Turkey Club Sandwich</i> OR <i>Popcorn Shrimp Basket</i>